

Flamenco Guitar Right Hand Warmup

Duff Davis

Chord Forms -Use this chord progression until Part B, Rumba. Always play open high E, low E and A strings.

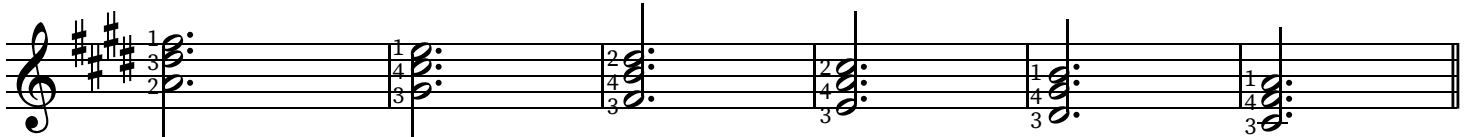


Chord fingerings stay on 3rd ('G' string), 4th ('D') string & 5th ('A') string throughout

1. Play this chord progression for all 12 warmup exercises!

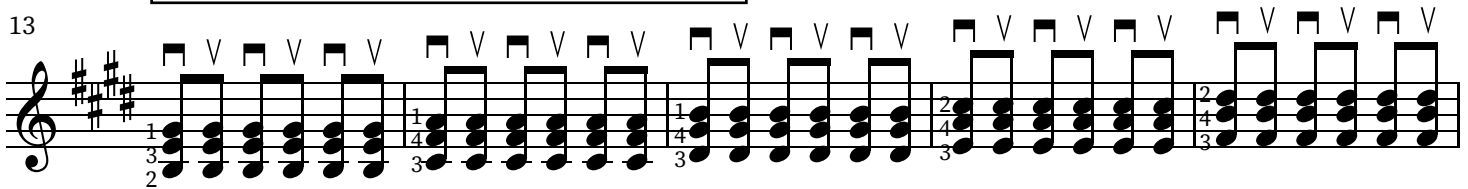
2. Always play the OPEN STRINGS for each chord (Both Open 'E' Strings and open 'B')!

7



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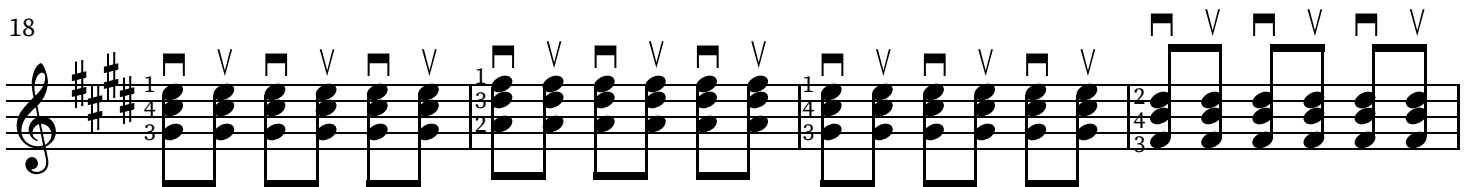
Warmup Exercise #1 - Basic (Rumba) Down/Up Strum



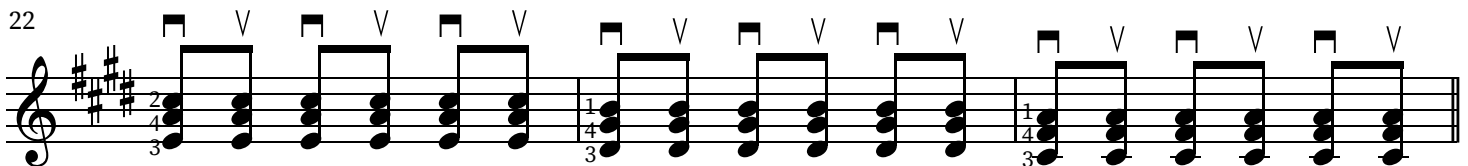
Chord fingerings stay on 3rd ('G' string), 4th ('D') string & 5th ('A') string throughout, open 1st & 6th ('E') strings & open 2nd ('B')string

This is the basic rumba strum. You're twisting your hand, kind of like twisting a door knob.

18

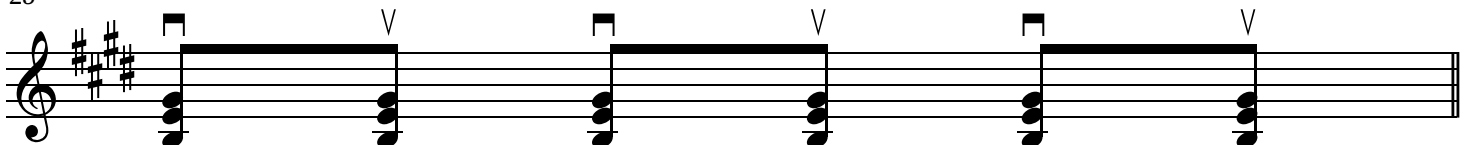


22



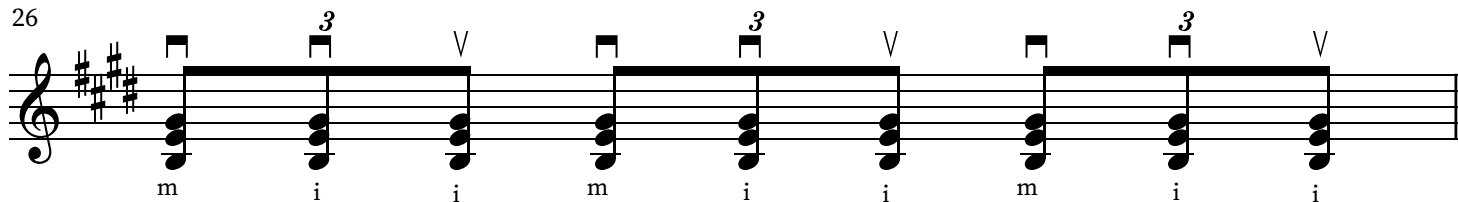
#2 - Strum - Down (imac = all fingers, not thumb)/Up (imac) (i = index, m=middle, a=ring, c=pinky)

25



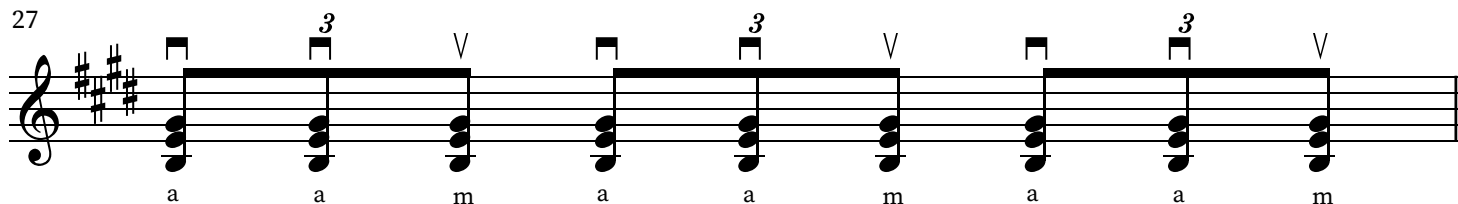
#3 - RASGUEADO - Down (m=middle), Down (i=index), Up (i=index)

26



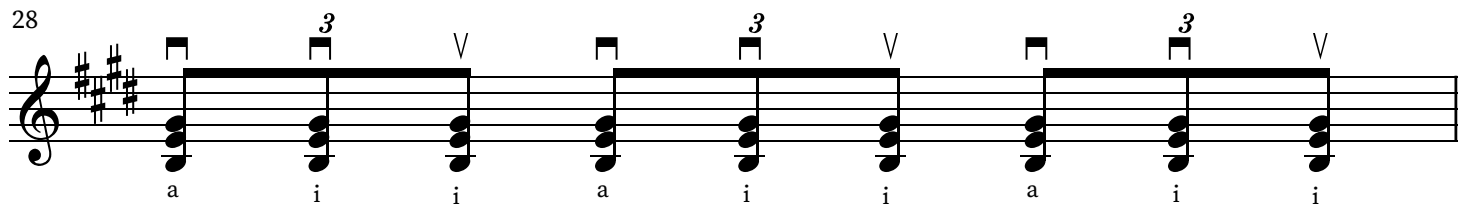
#4 - RASGUEADO - Down (a=ring), Down (m=middle), Up (m=middle)

27



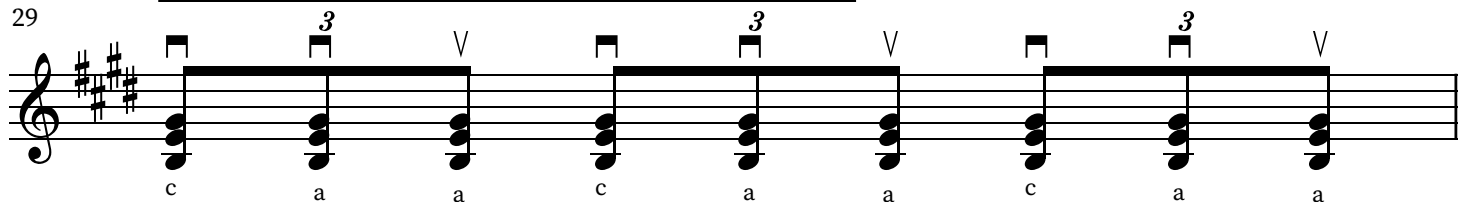
#5 - RASGUEADO - Down (a=ring), Down (i=index), Up (i=index)

28



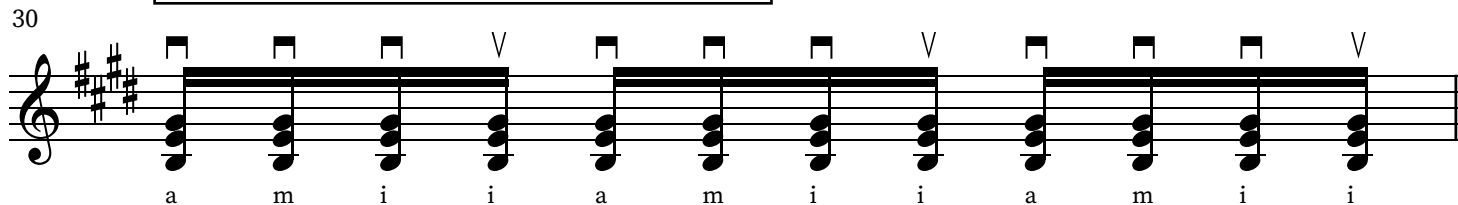
#6 - RASGUEADO - Down (c=pinky), Down (a=ring), Up (a=ring)

29



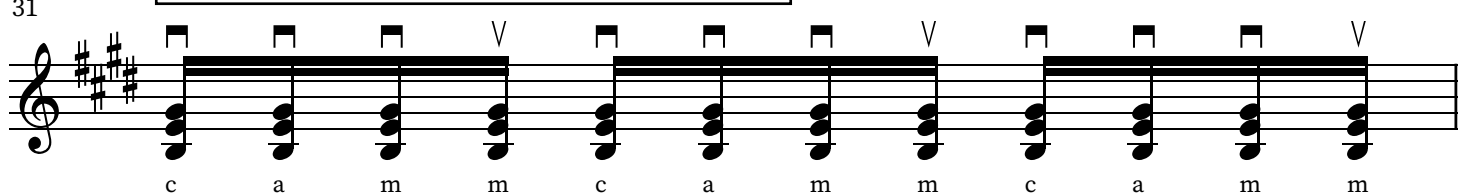
#7 - RASGUEADO - Down (a), Down (m), Down (i), Up (i)

30



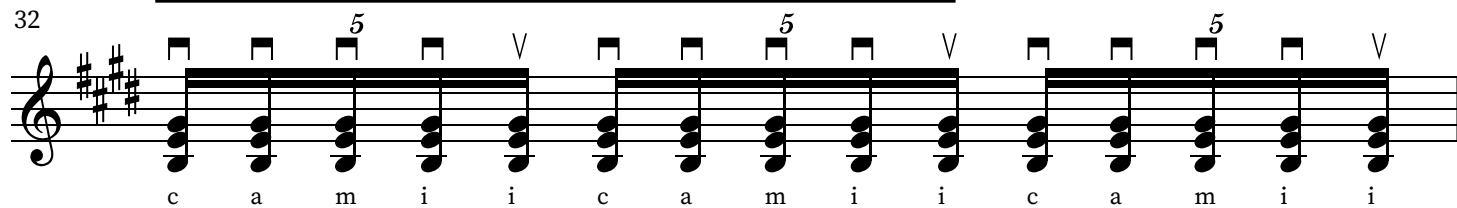
#8 - RASGUEADO - Down (c), Down (a), Down (m), Up (m)

31



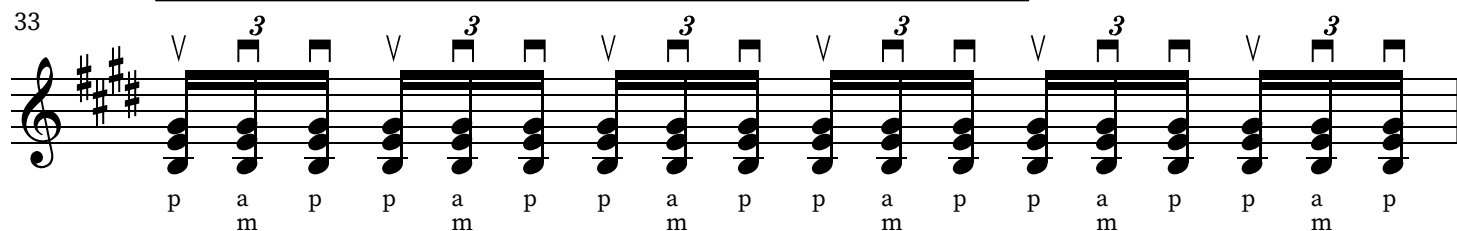
#9 - RASGUEADO - Down (c=pinky), Down (a), Down (m), Down (i), Up (i)

32



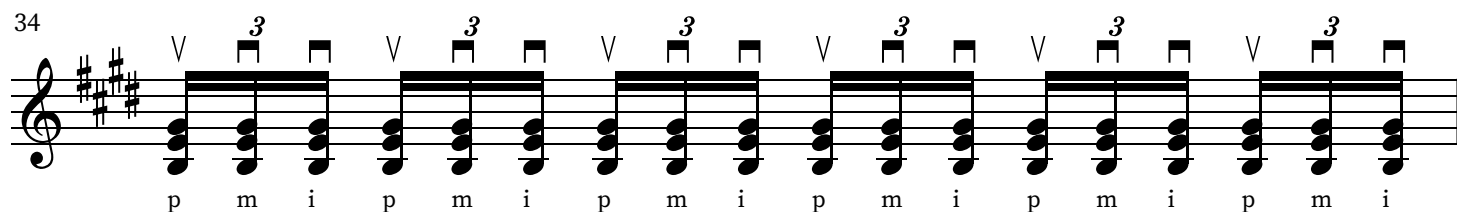
#10 - ABANICO - Up (p=thumb), Down (a&m = ring & middle) Down (p=thumb),

33



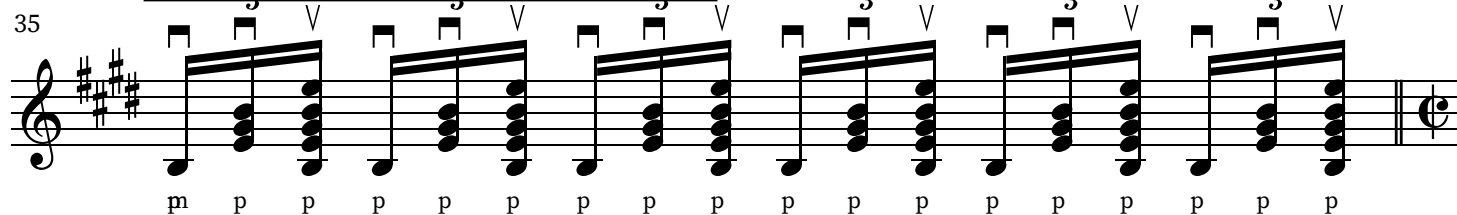
#11 - ABANICO - Up (p=thumb), Down (m = middle), Down (i=index)

34



#12 - ALZUPUA Down (p = thumb), Down (p), Up (p)

35



Part B - Rumba! Pulse stays the same as other exercises, but 32nd notes. It's written here in "cut time".

36

